May 2011 – SUPPORT Summary of a systematic review

What are the effects of social franchising on health service access and quality in low- and middle-income countries?

Social franchising adapts ideas and approaches developed and used in commercial franchising to the provision of public health services. While commercial franchising is driven by profit generation, social franchising strives to achieve social benefits. Social franchising has been identified as a way of increasing access to health services rapidly, particularly amongst the poorest populations, while maintaining quality standards in low- and middle-income countries. In such settings, access to health services is currently inadequate and private health service providers play an important role. Effective overviews and quality standard enforcements of social franchising are often lacking.

Key messages

➔ No evidence was found regarding the effects of social franchising on access to, and the quality of, health services in low- and middle-income countries

➔ There is a need for well designed experimental studies that are informed by the theoretical and empirical literature

Who is this summary for?
People making decisions concerning access to and quality of health services in low- and middle-income countries.

This summary includes:
– Key findings from research based on a systematic review
– Considerations about the relevance of this research for low- and middle-income countries

Not included:
– Recommendations
– Additional evidence not included in the systematic review
– Detailed descriptions of interventions or their implementation

This summary is based on the following systematic review:

What is a systematic review?
A summary of studies addressing a clearly formulated question that uses systematic and explicit methods to identify, select, and critically appraise the relevant research, and to collect and analyse data from the included studies.

SUPPORT – an international collaboration funded by the EU 6th Framework Programme to support the use of policy relevant reviews and trials to inform decisions about maternal and child health in low- and middle-income countries.

Glossary of terms used in this report:
See back page.
# Background

Social franchising takes place when a franchisee (e.g. an NGO) adopts a defined concept for health service delivery from a franchiser and then implements this under an established brand name. Quality standards and reporting requirements are required to match those set by the franchiser. Examples of social franchising networks include the provision of standardised training, supplies, and case management according to unified protocols. While commercial franchising is driven by profit generation, social franchising strives to achieve social benefits. Social franchising has been identified as a way of increasing access to health services rapidly in low- and middle-income countries while maintaining standards of quality. Access to health services in such settings is currently inadequate and private health service providers play an important role. Effective overviews and quality standard enforcements, however, are often lacking. Concerns have been voiced that the introduction of further approaches to health care delivery could lead to increased competition for already scarce resources. Additional concerns include, among others, the crowding out of health care providers and decreased levels of motivation.

## About the systematic review underlying this summary

**Review objective:** To assess the effects of the social franchising of health service delivery on access to, and the quality of, services and health outcomes in low- and middle-income countries.

<table>
<thead>
<tr>
<th>What the review authors searched for</th>
<th>What the review authors found</th>
</tr>
</thead>
</table>
| **Interventions** | Social franchises delivering health services, driven by seeking social benefits  
Considered were: Randomized Controlled Trials (RCT), Non-Randomized Controlled Trials (CCT), Interrupted Time Series (ITS), Controlled Before-After Studies (CBA) | No studies meeting the inclusion criteria were identified. |
| **Participants** | All levels of health care delivery  
All types of patients and health care providers |
| **Settings** | Low-and middle-income countries |
| **Outcomes** | 1. Health care access  
2. Quality of care  
3. Health outcomes  
4. Adverse effects  
5. Equitable access or utilization  
6. Cost/service  
7. Patient satisfaction |

**Date of most recent search:** October 2007 – March 2008

**Limitations:** This is a good quality systematic review with only minor limitations.

Summary of findings

This is a good quality systematic review with only minor limitations. It failed to identify any study meeting the inclusion criteria.

➔ No studies that met the inclusion criteria were identified

➔ There is a need for well-designed experimental studies informed by theoretical and empirical literature

As new ways of expanding health services in LMICs are explored, social franchising is attracting increasing interest. However, initial optimistic assumptions and expectations have not been supported by rigorous evidence, and potentially adverse effects have not been assessed in detail. The methodology for establishing the evidence required is available but, to date, no conclusions regarding the effectiveness of social franchising on access to, and the quality of, health services in LMICs can be drawn.

About the quality of evidence (GRADE)

Four-point scale:

- High: Further research is very unlikely to change our confidence in the estimate of effect.
- Moderate: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.
- Low: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.
- Very low: We are very uncertain about the estimate.

For more information, see last page
## Relevance of the review for low- and middle-income countries

<table>
<thead>
<tr>
<th>Findings</th>
<th>Interpretation*</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>APPLICABILITY</strong></td>
<td></td>
</tr>
<tr>
<td>The review did not find any studies conducted in low- and middle-income countries that met its inclusion criteria.</td>
<td>Although social franchising is currently used and advocated in low- and middle-income countries, no rigorous evaluations of its impacts (both positive and negative) are available.</td>
</tr>
<tr>
<td><strong>EQUITY</strong></td>
<td></td>
</tr>
<tr>
<td>Equity (access to, and utilisation of, health services) was a considered outcome.</td>
<td>Social franchising promotes social rather than financial benefits, and therefore its effects on equity could be assumed to be positive. Social franchising, for instance, could help particularly with expanding access to health services amongst the poorest population segments. However, there are no rigorous evaluations of its impacts on equity. Social franchising can impact negatively on equity in instances where it competes with, or crowds out, equally- or better-performing approaches to health care delivery. Loss of motivation among existing providers is another downside of the introduction of new approaches.</td>
</tr>
<tr>
<td><strong>ECONOMIC CONSIDERATIONS</strong></td>
<td></td>
</tr>
<tr>
<td>Cost/service (from a societal perspective or the perspective of the franchiser, franchisee or patients) was a considered outcome.</td>
<td>The cost and cost-effectiveness of social franchising is unknown. The introduction of social franchising might result in competition for resources with existing or alternative approaches to health care delivery. This may result in reduced funding levels and overall quality erosion in instances where the existing or alternative approaches offer better cost-effectiveness or the effects of scale can not be realised any longer due to reduced demand.</td>
</tr>
<tr>
<td><strong>MONITORING &amp; EVALUATION</strong></td>
<td></td>
</tr>
<tr>
<td>The review noted the absence of robust evidence from rigorously designed studies.</td>
<td>There is a need for well designed experimental studies informed by theoretical and empirical literature. All relevant interventions should be accompanied by well-designed monitoring and evaluation.</td>
</tr>
</tbody>
</table>

*Judgements made by the authors of this summary, not necessarily those of the review authors, based on the findings of the review and consultation with researchers and policymakers in low- and middle-income countries. For additional details about how these judgements were made see: [http://www.support-collaboration.org/summaries/methods.htm](http://www.support-collaboration.org/summaries/methods.htm)
Additional information

Related literature


This summary was prepared by
Peter Steinmann, Swiss Tropical and Public Health Institute, Switzerland.

Conflict of interest
None. For details, see: [www.support-collaboration.org/summaries/coi.htm](http://www.support-collaboration.org/summaries/coi.htm)

Acknowledgements
This summary has been peer reviewed by: Tracey Koehlmoos, Bangladesh; Catherine Goodman, Kenya; Vivian Welch, Canada.

This summary should be cited as
Steinmann P. Does social franchising have an effect on access to and quality of health services in low- and middle-income countries?. A SUPPORT Summary of a systematic review. May 2011. [www.support-collaboration.org/summaries.htm](http://www.support-collaboration.org/summaries.htm)

Keywords
All Summaries: evidence-informed health policy, evidence-based, systematic review, health systems research, health care, low- and middle-income countries, developing countries, primary health care, social franchising

About quality of evidence (GRADE)
The quality of the evidence is a judgement about the extent to which we can be confident that the estimates of effect are correct. These judgements are made using the GRADE system, and are provided for each outcome. The judgements are based on the type of study design (randomised trials versus observational studies), the risk of bias, the consistency of the results across studies, and the precision of the overall estimate across studies. For each outcome, the quality of the evidence is rated as high, moderate, low or very low using the definitions on page 3.

For more information about GRADE: [www.support-collaboration.org/summaries/grade.htm](http://www.support-collaboration.org/summaries/grade.htm)

SUPPORT collaborators:
The Alliance for Health Policy and Systems Research (HPSR) is an international collaboration aiming to promote the generation and use of health policy and systems research as a means to improve the health systems of developing countries. [www.who.int/alliance-hpsr](http://www.who.int/alliance-hpsr)

The Cochrane Effective Practice and Organisation of Care Group (EPOC) is a Collaborative Review Group of the Cochrane Collaboration: an international organisation that aims to help people make well informed decisions about health care by preparing, maintaining and ensuring the accessibility of systematic reviews of the effects of health care interventions. [www.epoc.cochrane.org](http://www.epoc.cochrane.org)

The Evidence-Informed Policy Network (EVIPNet) is an initiative to promote the use of health research in policymaking. Focusing on low- and middle-income countries, EVIPNet promotes partnerships at the country level between policy-makers, researchers and civil society in order to facilitate both policy development and policy implementation through the use of the best scientific evidence available. [www.evipnet.org](http://www.evipnet.org)

For more information: [www.support-collaboration.org](http://www.support-collaboration.org)

To provide feedback on this summary: [http://www.support-collaboration.org/contact.htm](http://www.support-collaboration.org/contact.htm)